



BOOKING PACK ACTIVITIES



THE A-Z OF HAUTBOIS ACTIVITIES

We offer over 24 different onsite activities suitable for all ages and levels of adventure! Whether you're here for the day or on a full residential break, our highly qualified instructors will be on hand to deliver fun and challenging experiences.

- 90/180 CHALLENGE
- ABSEILING
- ARCHERY
- BRIDGE BUILDING
- BUSHCRAFT
- CANOEING
- CANOE SAFARI
- CLIMBING WALL
- CRATE STACKING
- INITIATIVE TESTS
- KATAKANUS
- KAYAKING
- LOW ROPES
- MONKEY CLIMBING
- NIGHTLINE
- OBSTACLE COURSE
- ORIENTEERING
- ORIENTEERING JUNIOR
- PIONEERING
- POND DIPPING
- RAFT BUILDING
- SHELTER BUILDING
- STAND UP PADDLEBOARDING
- ZIPWIRE

CHALLENGE BY CHOICE

Participants are encouraged to take part in every activity. We recognise that everyone has a different perception of the activities we offer and their ability to take part. Everyone is respected for the part they play (no matter how small) and will be given the opportunity to succeed to their own ability.

Go online
to find
out more



www.hautbois.org.uk Call 01603 737357



CHOOSING THE BEST ACTIVITY FOR YOU

10 IMPORTANT OUTCOMES

As a quality badge holder with Learning Outside the Classroom we to aim to involve some form of outdoor learning in each of our sessions, always cleverly disguised of course! Whether you're just coming to let of steam or as part of a development programme, our staff can advise on the best activities for your group.

PERSONAL

- HEALTH AND WELL-BEING
- PERSONAL QUALITIES
- BROADENED HORIZONS

SOCIAL

- CONFIDENCE AND CHARACTER
- SOCIAL AND EMOTIONAL AWARENESS
- ENVIRONMENTAL AWARENESS
- ENJOYMENT

LEARNING

- INCREASED MOTIVATION AND APPETITE FOR LEARNING
- SKILLS FOR LIFE
- ACTIVITY SKILLS



OUR ACTIVITIES

Our activities are divided by category and are classed for pricing. All activities have a participant to instructor ratio and a minimum age. These are set by our national governing bodies.

We would usually recommend taking part in a variety of sessions from each category.

Our team IS always on hand should you have any questions or would like any recommendations.

NAME OF ACTIVITY	MIN. AGE	PRICE BAND	Activity Description	RATIO	LEARNING OUTCOME
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TEAM BUILDING

90/180 CHALLENGE	7+	ADVENTURE	Designed for our corporate groups and those wanting to develop key communication and problem solving skills. Take part in the challenge over 90 or 180 minutes, completing physical and mental tasks along the way to become top of our team development leader board!	1:12	LEARNING PERSONAL SOCIAL
INITIATIVE TESTS	7+	EXPLORE	Take on a range of mental and physical tests designed to challenge. Teams are tasked with mini games spread across the estate where good communication is key and teamwork a must! Classic problem solving Hautbois style!	1:12	LEARNING PERSONAL SOCIAL
ORIENTEERING	7+	DISCOVER	Using our onsite course, learn how to orientate a map, use compass bearings and grid references to complete the course. Working as a team, navigational skills and communication is crucial!	1:12	LEARNING SOCIAL
ORIENTEERING JUNIOR	5+		Much like its older brother; orienteering junior introduces little explorers to grid references and compass bearings whilst encouraging teamwork throughout. A small course, especially designed for younger visitors. (KS1)	1:12	LEARNING SOCIAL
PIONEERING	7+	EXPLORE	Work together and channel your creativity! Use your engineering skills to design and build a structure using lightweight poles and rope. Patience and a little imagination is all you need.	1:12	LEARNING PERSONAL SOCIAL
SHELTER BUILDING	5+	DISCOVER	Work together and channel your creativity! Use your engineering skills to design and build a structure using lightweight poles and rope. Patience and a little imagination is all you need.	1:12	LEARNING PERSONAL SOCIAL

PADDLESPORT



BRIDGE BUILDING	7+	ADVENTURE	Groups are set the challenge of survival in this activity and will be asked to design and construct a bridge over the river to rescue their team of stranded explorers. As with all good construction projects, teamwork and creativity is crucial...you'll be testing the design yourselves.	1:12	LEARNING PERSONAL SOCIAL
CANOEING	7+		Journey along the peaceful River Bure. Develop your paddle-ability as well as key communication and teamwork skills as you tandem paddle, play games and explore the Norfolk waterways.	2:16	LEARNING SOCIAL
CANOE SAFARI	7+		Join us for a canoe safari & discover wildlife of the Norfolk Broads. Groups will master basic paddling techniques on a journey up river on a round trip which takes around 3 hours.	2:16	LEARNING SOCIAL
KATAKANUS	7+		All the joy of paddling out on the river but with added confidence! Katakonus are stable and easy to paddle. Ideal for groups with special educational needs or those who aren't confident on the water!	2:16	LEARNING SOCIAL
KAYAKING	7+		Hone your skills (and your balance!) on the water with our kayaking sessions. Our activities are packed with skills and games to develop a good foundation in Paddlesport.	2:16	LEARNING PERSONAL
RAFT BUILDING	7+		Barrels, poles and a bucket of rope is all that's required for a successful (or unsuccessful!) raft. Learn about, planning and problem solving before testing your creation on the water.	1:12	LEARNING PERSONAL SOCIAL
STAND UP PADDLEBOARDING	7+		See what all the fuss is about with the fastest growing Paddlesport in the world. Packed full of skills, games and yoga, our Paddlesport sessions are bound to send you into the water with a splash!	2:16	LEARNING PERSONAL SOCIAL

HIGH ADVENTURE

ABSEILING	5+	ADVENTURE	At 10m tall, groups will learn to descend our purpose-built tower, taking them out of their comfort zones and into the open air! A great session for facing those fear, developing confidence, trust, courage and bravery!	1:12	LEARNING PERSONAL
CRATE STACKING	5+		Working as a team, groups will assemble a tower of crates to make the tallest structure they can...with two members of the team balanced on the top! Good communication and quick thinking is required as it's a real team effort to stop the tower (and the climbers!) from toppling!	1:12	LEARNING PERSONAL SOCIAL

HIGH ADVENTURE

CLIMBING	5+	ADVENTURE	A personal challenge to develop technique and encourage peer support as groups learn to belay on our 10m purpose built wall. Great for groups looking for a challenge and with different routes available, individuals can set personal goals and have fun and develop new skills.	1:12	LEARNING PERSONAL SOCIAL
MONKEY CLIMBING	5+		For a different climbing experience ascend one of the tallest trees on the estate in true monkey fashion! With climbing holds to aid your climb its great opportunity to see the treetops from a monkeys eye view!	1:12	LEARNING PERSONAL
ZIPWIRE	5+		A fun and exhilarating activity which sends you zipping through the trees. See the estate and your friends from a different perspective and find out what it's like to fly! ! A great session for facing those fear, developing confidence, trust, courage and bravery!	1:12	LEARNING PERSONAL

SKILL DEVELOPMENT

ARCHERY	5+	ADVENTURE	Archery will teach groups new skills and techniques, develop control and a bit of healthy competition. Learn the basics, play games and complete challenges on our purpose-built outdoor ranges.	1:12	LEARNING PERSONAL SOCIAL
BUSHCRAFT	5+	EXPLORE	Get back to nature with our Bushcraft sessions. Learn to build and manage your own fire, learn new skills such as paracord keychains and sample some nettle tea! Great for young explorers too, Bushcraft is suitable for all!	1:12	LEARNING PERSONAL
LOW ROPES	5+		Teams work to navigate our low-level course. Sessions encourage communication and cooperation. Each element is different and requires the team to complete a series of ropes, bridges, balance beams and wire-walks.	1:12	LEARNING SOCIAL
NIGHTLINE	5+		Teams will guide each other through our challenging course filled with obstacles. A great way to develop skills in taking responsibility and communication in a challenging setting.	1:12	LEARNING SOCIAL
OBSTACLE COURSE	5+		Teams will guide each other through our challenging course filled with obstacles. A great way to develop skills in taking responsibility and communication in a challenging setting.	1:12	LEARNING SOCIAL
POND DIPPING	5+	DISCOVER	Investigate the creatures that live in the Cut. With the guidance of a Hautbois instructor you'll learn what you'll need, how to dip safely, identifying creatures and fascinating facts about pond life.	1:12	LEARNING

GENERAL INFORMATION



ENVIRONMENTAL HAZARDS

We ask that all participants who take part in water based sessions shower after their activity. We ask as a minimum that all participants wash their hands thoroughly after any activity and before eating or drinking.

RATIOS AND MINIMUM AGES

Most of our activities operate a 1:12 ratio with 1:8 for most Paddlesport sessions. For activities where there is no ratio restriction from governing bodies we can more flexible. Extra participants and cases where extra instructors are required are charged for separately. Please ensure that sufficient leaders/helpers are able to accompany each group whilst participating in Hautbois activities. Please see the activity description for minimum ages for each session.

WHAT DO WE KNOW?!

Our instructors are trained to the highest standards set out by the relevant National Governing Body, Girlguiding or in-house qualification (where NGBs don't exist) and assessed by top level technical advisors. We know our stuff!
All of our staff are trained in emergency procedures and should you have an unexpected adventure whilst you're here will be on hand to offer first aid support.

THE PAPERWORK

Each activity has its own Risk Assessment and is signed off by the technical advisor and reviewed annually. For copies of these please visit our website or contact the office.

EXTRAS

As well as all our fantastic activities, we have several activities that can be borrowed for your downtime.

These items will need to be booked in advance. We have ample room for ball games so visitors are welcome to bring their own equipment for use on the campsites in the evening.

BAT DETECTORS

We have 4 bat detectors available to use to locate any bats visiting Hautbois. If you're lucky enough to spot some you'll be able to identify them with our handy ID charts.

GIANT GAMES

Giant connect four and giant Jenga are available to borrow around site to keep minds busy and create some healthy competition in the evenings!

GRASS SLEDGES

Our grass sledges are always a firm favourite with our youngest visitors. A quick how to and a helmet is all you need to enjoy this activity and you'll find yourself whizzing down the Hautbois Hill in no time!.

JEWEL THEFT

Aimed at our younger visitors the challenge is to solve the mystery of the missing treasure by seeking out the clues left which will lead the participants to a top secret password.

MAZE

Our onsite maze will keep your explorers busy for hours! Located near the discovery zone the maze is great for running off some steam between sessions or at night with torches!

EVENTS

If we're not running our normal sessions our event calendar keeps us pretty busy! We offer events for all. For full event listings please visit our website

FAMILY ACTIVITY DAYS

Choose from the Canoe Safari, SUP Explorer, Jungle Adventure and Survival expert days that the whole family can enjoy. Available to book online.

ADULT ONLY SESSIONS

Sessions of Archery, Kayaking and Stand Up Paddleboarding for the over 16s. All the fun of the sessions, without any pesky kids! Available to book online.

TASTE OF ADVENTURE

Enjoy fantastic on-site activities, perfect for units looking for a slice of adventure! Available for residentials and day groups, a taste of adventure is accessible for all. Girls will experience adventures and challenges with friends whilst exploring the Hautbois estate.



SKILL BUILDER DAYS

Our skill builder days will give girls the opportunity to complete either a CAMP or EXPLORER stage through taking part in some of the adventurous activities onsite. The girls will work through a specially designed booklet



HAUTBOIS CHALLENGE BADGE

The Hautbois Challenge badges are available for Rainbows, Brownies and Guides. Over the course of the day, girls will have the opportunity to take part in several adventurous activities and other challenges in order to earn their badge.



FOLLOW US ON
SOCIAL MEDIA TO
KEEP UP TO DATE
WITH OUR EVENTS
@HAUTBOISNORFOLK



Go online
to find
out more

www.hautbois.org.uk Call 01603 737357

- A** Abseiling & Climbing Tower
- B** Zipline
- C** Archery
- D** Bridge Building
- E** Raft Building
- F** Bushcraft
- G** Canoeing
- H** Kayaking
- I** Sups
- J** Crate Stacking
- K** Initiative Test
- L** Low Ropes
- M** Monkey Climbing

- N** Shelter Building
- O** Nightline
- P** Obstacle Course
- Q** Pond Dipping
- R** Map Activities
- S** Pioneerering
- T** Discovery Zone
- U** Maze
- V** Bird Hide

- R** Reception
- AS** Anglia Region Shop
- WC** WCs
- SH** Showers
- CP** Car Park + Disabled
- B** Bins
- CC** Campfire Circles
- DW** Drinking Water
- W** Woodstore

- HE** House East
- HW** House West
- LPL** Limepits Lower
- LPU** Limepits Upper
- CU** Curlew
- LM** Lower Meadow
- ON** Oneida
- RC** Reedcutter Village
- ARO** Girlguiding (Anglia Region Office)
- LC** Lodge Cottage



FINDING YOUR WAY

All of our activities happen right here onsite. Spread over 28 acres our activity areas are safe and secure with plenty of room still available for football and wide games in the evenings.

Instructors will escort you to your activity area - so no one gets lost!

HAUTBOIS ESTATE MAP

USEFUL INFORMATION

ADDITIONAL NEEDS

Please notify us before your visit if any members of your party have any additional needs or special requirements of which we should be aware. This will enable us to prepare and plan your visits on that all members have a rewarding and worthwhile visit. Please speak to your instructor when you arrive if you have any concerns.

ARRIVAL AND DEPARTURE

Sleeping areas are usually available from 4pm onwards. You are welcome to arrive earlier but please be aware that you may not be able to access your accommodation. On the day of arrival your first catered meal will be dinner so please feel free to bring a packed lunch on your day of arrival. On your day of departure rooms should be vacated by 9am. We will arrange somewhere for you to leave luggage until your transport arrives. Please make staff aware of your arrival and departure times when booking.

SITE WALKS

You are welcome to come for a site visit before your arrival date. That way, you will be familiar with the location of our facilities and services straight away when you arrive with your group. Visits can be arranged with our bookings team.

EMERGENCY MOBILE

Between 9am & 5pm staff will onsite to assist you. Overnight a duty member of staff will be on call for emergencies but is not residential onsite.

SAFETY

Your groups safety is the highest priority for our staff who will lead your programme during your stay. Leaders accompanying the group have ultimate responsibility for the safety of their groups and should inform our staff should they have any concerns.

Leaders will be particularly vigilant when arriving and departing, at mealtimes and free time when you will have full responsibility for the safety of participants. Groups who are staying overnight in the house, Reedcutters' village or camping also have responsibility for their groups when not on Hautbois led sessions.

NEIGHBOURS AND OTHER SITE USERS

During your welcome, the boundaries of your areas will be pointed out to you. We ask for a quiet site after 10pm and for all visitors to be respectful of others during your stay.

VALUABLES

Please note that we cannot accept liability for loss or damage to valuables, mobiles etc at any point during your visit.

FOOD AND DRINK

We do not have a café onsite, please bring food and drink with you if you are not being catered for. We have several drinking water taps onsite to fill water bottles.

The nearest shop is located in the village- A 5 minute walk away.

CAR PARKING

We have onsite parking available. There is sufficient space in front of the house for coaches to unload and turn around. Please note that's all vehicles are parked at their owners' risk and Hautbois Activity Centre accepts no responsibility for any damage or loss whilst onsite.

GREEN POLICY

We try our best to be conscientious of the environment and we ask our guests to do the same. We ask all guests to bring refillable bottles for drinking water and to use the recycling bins on site where possible. All camping groups will be asked to do a litter sweep on the day of departure and house groups will be encouraged to save energy by turning lights off and closing doors and windows.

TERMS AND CONDITIONS

BOOKING CONDITIONS

- 1.1 A provisional booking taken by telephone, email or letter will be held for 30 days.
- 1.2 Bookings can only be confirmed when a completed booking form and requested deposit have been received. Deposits are non-refundable in all cases.
- 1.3 All prices quoted exclude VAT (where applicable).

CHANGES TO BOOKINGS AND CANCELLATIONS

- 2.1 Any reductions to numbers of participants must be given by 8 weeks prior to arrival date. Any reductions after this date will be treated as cancellation of part of the booking.
- 2.2 Cancellations within 8 weeks of the date of the arrival for all or part of the booking will be charged at 50% of the total amount due (or appropriate proportion thereof if part cancellation) and in full (100%) if within 4 weeks.
- 2.3 Requests to change activity schedules are subject to availability and may incur additional charges where appropriate.
- 2.4 Hautbois Activity Centre reserves the right to cancel a booking should the need arise. All monies paid to Hautbois in respect of the booking will be refunded in full unless the booking was terminated due to the group failing to meet the Booking Conditions.

PRICES AND PAYMENTS

- 3.1 Deposits are non-refundable in all cases.
- 3.2 Groups will be invoiced for bookings 12 weeks prior to arrival date (unless paid fully in advance) and are required to settle within 30 days of invoicing.
- 3.3 Bookings made within 8 weeks of the arrival date or additions to bookings made within 8 weeks prior to arrival date, should be paid in full prior to arrival unless otherwise agreed by Hautbois Activity Centre in writing at the time the booking/addition is made.
- 3.4 Hautbois Activity Centre reserves the right to refuse access to the Centre if payment in full has not been received prior to arrival.
- 3.5 Additions to the booking made too close to the arrival date to facilitate payment prior to arrival or whilst on site, will be invoiced on departure.
- 3.6 Invoices raised on departure must be paid in full within 30 days of the invoice date.

TERMS AND CONDITIONS

CUSTOMERS' OBLIGATIONS

- 4.1 Activity participants should be in good health and be reasonably fit. Any physical limitations must be notified to the Centre prior to arrival and leaders are responsible for ensuring the activity instructor is aware of the physical limitations of any member within their activity group at the start of every activity session.
- 4.2 All allergies, dietary requirements and care needs must be communicated to Hautbois Activity Centre at least two weeks prior to arrival or at time of bookings for last-minute bookings - the centre will provide reasonable adaptations but cannot provide specialist arrangements without prior notice.
- 4.3 Group leaders are responsible for their groups at all times including before, after and between activity sessions and during residential stays and camps.
- 4.4 Group leaders should take all reasonable precautions to prevent the spread of infectious and contagious diseases including taking any precautions reasonably required by the Centre's staff.
- 4.5 Groups other than Girlguiding or Trefoil Guild members must ensure they have adequate public liability insurance during their stay.
- 4.6 Customers are responsible for their own property whilst on the premises.
- 4.7 Smoking is not permitted inside any building and is permitted on site in the designated area only.
- 4.8 Customers are not allowed to bring dogs (except assistance dogs) or any other animal to the Centre.
- 4.9 Groups must ensure there is no disruptive behaviour, either on- or off-site, which could bring Hautbois into disrepute during their stay.
- 4.10 Groups are responsible for the cost of any damage they may cause.
- 4.11 Activity sessions which are to be led by a group's own instructor can only take place when Hautbois receives a copy of the instructor's relevant qualification, which must be received prior to the group's arrival.
- 4.12 Hautbois cannot be held responsible for any activities engaged in by parties at Hautbois which fall outside its operational procedures.

VISITORS WHO FAIL TO COMPLY WITH OUR TERMS AND CONDITIONS MAY BE ASKED TO LEAVE.

STATEMENT OF ASSUMED RISK

Participation in adventurous activities entails some risk of injury. Both participants and persons with parental responsibility must accept an element of risk and that accidents and injuries can happen. To minimise these risks, we have our equipment is inspected regularly and to the appropriate high standards. All staff employed by Hautbois Activity Centre are trained and appropriately qualified to run our activity sessions in line with our standard operating procedures and within national governing body guidelines where applicable. Complying with these guidelines will limit the risk of injury. We reserve the right to cancel or modify any activity if we believe there to be adverse risk. Participants under the age of 18 years must have permission from his/her parent or guardian before being able to take part in any activity/course offered Hautbois Activity Centre. The parent or guardian needs to be aware and accept the risks involved in adventurous activities and satisfy themselves accordingly. Hautbois Activity Centre reserves the right to refuse to allow participation or to remove a participant from the Activities should it deem it necessary to do so. This includes participants who do not comply with the instructor's direct instructions.